

Moral Science

Class-8



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CHAPTER 1

"THE GIRL WHO DEFIED THE TALIBAN"

"One child, one teacher, one book, one pen can change the world."-Malala Yousafzai

Malala Yousafzai was born on July 12, 1997, in Mingora, Swat Valley, Pakistan. She grew up in a beautiful valley surrounded by mountains and rivers. Malala's father, Ziauddin Yousafzai, was a teacher and ran a school in Swat. He believed in the importance of education, especially for girls.

In Pakistan, many girls were not allowed to attend school. The Taliban, a group of extremists, had taken control of Swat and banned girls from attending school. They believed that girls should stay at home and not receive an education.

Malala's father was against the Taliban's ban on girls' education. He believed that education was the key to a better future for girls. Malala was inspired by her father's courage and began speaking out for girls' education.

In 2008, Malala started writing a blog for the BBC about her life under Taliban rule. She wrote about the difficulties of living in a war zone and the importance of education for girls. Her blog was widely read, and she became known as the "Girl of Swat."

As Malala's fame grew, so did the threats against her. The Taliban saw her as a threat to their authority and vowed to silence her. In 2012, Malala was shot by the Taliban while she was on her way to school.

The shooting sparked widespread outrage and protests across Pakistan. Malala rushed to the hospital and underwent surgery. She survived the attack, but the bullet had damaged her brain and skull.

Malala's recovery was a long and difficult one. She underwent multiple surgeries and spent months in the hospital. But despite her physical limitations, Malala's spirit remained unbroken. In 2013, Malala and her family moved to the United Kingdom, where she continued her education. She also continued to advocate for girls' education, speaking at conferences and meeting with world leaders.

In 2014, Malala became the youngest person to win the Nobel Peace Prize, along with Indian children's rights activist Kailash Satyarthi. The prize recognized her efforts to promote girls' education and her survival against the Taliban's attempts to silence her.

Malala's story teaches us several important lessons:

1. The importance of education: Malala's story highlights the importance of education, especially for girls. Education can empower girls and give them the tools they need to succeed in life.

2. Courage in the face of adversity: Malala showed incredible courage in the face of adversity. She refused to be silenced by the Taliban and continued to speak out for girls' education, even when it put her life at risk.

3. The power of the human spirit: Malala's survival against the Taliban's attempts to silence her is a testament to the power of the human spirit. Despite her physical limitations, Malala's spirit remained unbroken.

"Treat others the way you want to be treated." - Golden Rule

Answer the following questions-

1. What was Malala's message to the world?
2. Why did the Taliban ban girls from attending school?
3. What was the outcome of Malala's survival against the Taliban's attempts to silence her?
4. What lesson can we learn from Malala's story about the importance of education?
5. How did Malala show courage in the face of adversity?

Fill in the blanks-

1. Malala Yousafzai was born in the year _____.
2. Malala's father, Ziauddin Yousafzai, was a _____.
3. The Taliban banned girls from attending _____.
4. Malala started writing a blog for the _____.
5. Malala became the youngest person to win the _____ Prize.

True or False-

1. Malala was born in the United Kingdom.
2. Malala's father was against girls' education.
3. Malala was shot by the Taliban in 2012.
4. Malala survived the attack and continued to advocate for girls' education.
5. Malala became the youngest person to win the Nobel Peace Prize.

Thinking Skill Questions-

1. What do you think motivated Malala to speak out for girls' education, despite the danger?
2. How do you think Malala's survival against the Taliban's attempts to silence her can be seen as a testament to the power of the human spirit?
3. What do you think is the significance of Malala's message to the world about the importance of education?

CHAPTER 2

THE STORY OF GEORGE WASHINGTON AND THE CHERRY TREE

"Accountability separates the wishers in life from the winners." - John Di Lemme

When George Washington was a young boy, about 6 years old, he lived with his family on a farm in Westmoreland County, Virginia. His father, Augustine Washington, was a wealthy planter who owned a large estate.

One day, George's father gave him a small hatchet as a gift. George was thrilled with the new tool and eagerly wanted to try it out. He looked around the farm for something to chop, and his eyes landed on a beautiful cherry tree that his father had planted in the garden. Without thinking twice, George began to chop at the cherry tree with his new hatchet. He chopped and chopped until the tree fell to the ground. George was excited to see the tree fall, but he soon realized that he had made a big mistake.

The cherry tree was his father's favorite tree, and he had planted it himself. George knew that his father would be very upset with him for chopping down the tree.

When George's father came home from work, he saw the fallen cherry tree and was indeed very upset. He asked George if he knew who had chopped down the tree, and George knew that he had to tell the truth.

George's father looked at him sternly and asked, "George, did you chop down the cherry tree?" George took a deep breath and said, "Yes, Father, I did. I was trying out my new hatchet, and I didn't think about what I was doing."

George's father was surprised by his son's honesty. He expected George to deny chopping down the tree or to blame someone else. But instead, George took responsibility for his actions and told the truth.

George's father was proud of him for being honest and taking responsibility for his mistake. He explained to George why the cherry tree was important to him and how he had planted it himself. He also told George that he would have to help him plant a new tree in its place. George learned a valuable lesson that day about the importance of honesty and taking responsibility for one's actions. He realized that it was better to tell the truth, even if it was hard, than to lie and try to cover up his mistake.

This incident had a lasting impact on George Washington's life. He carried the lesson of honesty and responsibility with him throughout his life, and it helped him to become the honest and trustworthy leader that he was.

Value points

1. Honesty is the best policy: George Washington's decision to tell the truth about chopping down the cherry tree showed that honesty is always the best policy, even if it's hard.

2. Taking responsibility for one's actions: George took responsibility for his mistake and helped his father plant a new tree. This showed that taking responsibility for one's actions is important for building trust and respect.

3. Learning from mistakes: George learned a valuable lesson from his mistake and carried it with him throughout his life. This showed that mistakes can be opportunities for growth and learning. "When you take ownership of your mistakes, you begin to learn from them and grow as a person."

"When you take ownership of your mistakes, you begin to learn from them and grow as a person."

Answer the questions-

1. What gift did George Washington receive from his father, and what did he use it for?
2. How did George's father react when he found out that George had chopped down the tree?
3. What lesson did George learn from the incident?

Fill in the blanks-

1. George Washington received a _____ as a gift from his father.
2. George chopped down the cherry tree with his new _____.
3. George's father was _____ with him for chopping down the tree.
4. George told the _____ about chopping down the tree.
5. George's father was proud of him for being _____.

True or False-

1. George Washington chopped down the cherry tree on purpose.
2. George's father was angry with him for chopping down the tree.
3. George lied about chopping down the tree.
4. George's father planted a new tree in place of the old one.
5. George learned a valuable lesson about honesty from the incident.

CHAPTER 3

AGAINST ALL ODDS: J.K. ROWLING'S RISE TO FAME

"Do what you love, and you'll never work a day in your life." - Confucius

Joanne Kathleen Rowling, better known as J.K. Rowling, is one of the most successful authors in the world, best known for writing the Harry Potter series. But before she became famous, Rowling's life was marked by struggle and hardship.

Rowling was born on July 31, 1965, in Yate, England. She grew up in a family that struggled financially, and her parents divorced when she was young. Rowling's mother remarried, but the relationship was abusive, and Rowling often found solace in writing.

As a child, Rowling was a voracious reader and developed a love for fantasy and adventure stories. She began writing her own stories at a young age and wrote her first book, "Rabbit," at the age of six.

After graduating from high school, Rowling moved to London and worked as a researcher and bilingual secretary for Amnesty International. She continued to write in her spare time and began working on the first Harry Potter book.

In 1990, Rowling's mother died, and she was devastated. She moved to Portugal to teach English and began to focus more on her writing. She married a Portuguese journalist, Jorge Arantes, and had a daughter, Jessica.

However, the marriage was short-lived, and Rowling found herself a single mother living on welfare benefits. She struggled to make ends meet and often wrote in local cafes while her daughter slept.

Despite the challenges she faced, Rowling's passion for writing drove her to keep going. She wrote much of the first Harry Potter book in those cafes, and the story began to take shape.

After finishing the book, Rowling sent it to several publishers, but it was rejected by all of them. She didn't give up, though. She kept writing and submitting her work, even when it seemed like no one wanted to publish it.

Finally, after several rejections, a small publisher agreed to publish the book. And the rest, as they say, is history. The Harry Potter series went on to become one of the best-selling book series of all time, and Rowling became a household name.

Rowling's story teaches us the value of perseverance, hard work, and intrinsic motivation. She didn't write the Harry Potter series for fame or fortune; she wrote it because she loved the story and the characters. Her passion and enjoyment drove her to keep writing, even when faced with rejection and disappointment.

Rowling's story teaches us several important lessons:

1. Intrinsic motivation: Rowling's passion for writing drove her to keep going, even when faced with rejection and disappointment.
2. Perseverance: Rowling didn't give up, even when her book was rejected by several publishers.
3. Hard work: Rowling worked tirelessly to write and promote her book, even when she was struggling financially.

Why is Intrinsic Motivation Important?

Intrinsic motivation is important for several reasons:

1. Increases enjoyment: When you're doing something you love, you're more likely to enjoy it and have fun.
2. Improves performance: When you're intrinsically motivated, you're more likely to put in the effort and persistence needed to achieve your goals.
3. Boosts creativity: Intrinsic motivation can help you think outside the box and come up with new and innovative ideas.
4. Enhances satisfaction: When you're doing something you love, you're more likely to feel satisfied and fulfilled.

How to Cultivate Intrinsic Motivation?

Here are some tips for cultivating intrinsic motivation:

1. Find your passion: Identify what you love doing and make time for it.
2. Set intrinsic goals: Set goals that are meaningful and enjoyable to you, rather than external rewards or pressures.
3. Focus on the process: Enjoy the process of doing something, rather than just focusing on the result.
4. Celebrate your successes: Acknowledge and celebrate your achievements, no matter how small they may seem.

"I was set free because my greatest fear had been realized, and I still had a daughter who I adored, and I had an old typewriter and a big idea." - J.K. Rowling

Fill in the blanks

1. J.K. Rowling wrote the Harry Potter series because she _____ the story and characters.
2. Intrinsic motivation is the drive to do something because it's _____ and fulfilling.

3. Rowling's passion for writing drove her to write much of the first Harry Potter book in _____.
4. Intrinsic motivation can help you think outside the box and come up with new and _____ ideas.
5. When you're intrinsically motivated, you're more likely to put in the _____ and persistence needed to achieve your goals.

True or False -

1. J.K. Rowling wrote the Harry Potter series for fame and fortune.
2. Intrinsic motivation is the drive to do something for external rewards or pressures.
3. Rowling's passion for writing drove her to keep writing, even when faced with rejection and disappointment.
4. Intrinsic motivation can help you enjoy the process of achieving goals.

Answer the following questions:

1. Where was J.K. Rowling born?
2. What challenges did Rowling's family face during her childhood?
3. What personal struggles did Rowling face as an adult, and how did she overcome them?
4. What inspired Rowling to write the first Harry novel, and what challenges did she face in getting it published?
5. How did Rowling's life change after the publication of the first Harry Potter book?
6. What values or lessons can be learned from Rowling's story?

CHAPTER 4

BROTHERS IN FLIGHT

"Teamwork is the fuel that allows common people to attain uncommon results." - Andrew Carnegie

Orville and Wilbur Wright were two brothers who lived in Dayton, Ohio, in the late 19th and early 20th centuries. They were inventors and entrepreneurs who owned a bicycle shop together. But they had a big dream: to build a machine that could fly.

The Wright brothers were fascinated by the idea of flight. They spent years researching and experimenting, trying to figure out how to make their flying machine work. They studied the work of other inventors and engineers, and they conducted their own experiments with gliders and wing designs.

In 1899, the Wright brothers built their first glider. They tested it on a hill near their home, and they were encouraged by the results. Over the next few years, they built and tested several more gliders, refining their design and learning more about the principles of flight.

In 1903, the Wright brothers were ready to build their first powered flying machine. They designed and built an engine and a propeller, and they attached them to their latest glider design. On December 17, 1903, they took their machine to Kitty Hawk, North Carolina, and they made history.

Orville piloted the first flight, which lasted for 12 seconds and covered 120 feet. Wilbur piloted the fourth and final flight of the day, which lasted for 59 seconds and covered 852 feet. The Wright brothers had achieved their dream: they had built a machine that could fly.

The Wright brothers' story teaches us the value of collaboration and teamwork. By working together, sharing their ideas and expertise, and supporting each other, they were able to achieve something truly remarkable.

Why is Collaboration and Teamwork Important?

Collaboration and teamwork are important for several reasons:

1. **Shared knowledge and expertise:** When people work together, they can share their knowledge and expertise, leading to better decision-making and problem-solving.
2. **Increased creativity:** Collaboration can stimulate creativity, as people bring different perspectives and ideas to the table.
3. **Improved communication:** Working together requires effective communication, which can help to prevent misunderstandings and errors.
4. **Enhanced productivity:** Collaboration can help to divide tasks and responsibilities, leading to greater efficiency and productivity.

5. Better outcomes: By working together, people can achieve better outcomes than they could alone.

How to Practice Collaboration and Teamwork?

Here are some tips for practicing collaboration and teamwork:

1. Communicate effectively: Make sure to listen actively, ask questions, and clarify expectations.
2. Respect each other's perspectives: Recognize that everyone brings different strengths and weaknesses to the table.
3. Share knowledge and expertise: Be willing to share your own knowledge and expertise and be open to learning from others.
4. Work together to set goals: Collaborate to set clear goals and objectives and work together to achieve them.
5. Celebrate success: Acknowledge and celebrate the success of your team and recognize the contributions of each member.

"The only bird that could talk was the parrot, and that's why it's the only bird that's never flown very high." - Wilbur Wright

Fill in the blanks

1. The Wright brothers built their first _____ in 1899.
2. Collaboration and teamwork can help to stimulate _____ and improve problem-solving.
3. Effective communication is essential for successful _____ and teamwork.
4. When people work together, they can share their knowledge and _____, leading to better decision-making.
5. Collaboration and teamwork can help to divide tasks and responsibilities, leading to greater _____ and productivity.

True or False-

1. The Wright brothers worked alone to design and build their flying machines.
2. Collaboration and teamwork can help to improve communication and prevent misunderstandings.
3. Working together can help to increase creativity and stimulate new ideas.
4. Collaboration and teamwork are only important in business and professional settings.
5. The Wright brothers' success was due solely to their individual talents and expertise.

Answer the following Questions-

1. What are some benefits of collaboration and teamwork in achieving a common goal?
2. How can effective communication help to facilitate successful collaboration and teamwork?
3. What are some potential challenges or obstacles that can arise when working in a team?
4. How can collaboration and teamwork help to stimulate creativity and improve problem-solving?

CHAPTER 5

THE POWER OF COMPROMISE

"Compromise is the art of dividing a cake in such a way that everybody thinks he got the biggest piece." - Ludwig Erhard

Rahul and Rohan were classmates and friends since the sixth grade. They attended the same school, played in the same cricket team, and even sat together on the school bus.

As they entered ninth grade, their school announced a regional debate competition. The school's debate team had always performed well, and this year was no exception. Rahul and Rohan were both part of the team and were eager to participate.

However, things took a turn when their teacher, Mrs. Kumar, announced that the team would be led by a captain. Both Rahul and Rohan wanted to be the captain, and their desire for leadership created tension between them.

Rahul thought he was more experienced and had a better understanding of the debate format. He had been part of the team for three years and had won several local competitions.

Rohan, on the other hand, believed he had better ideas and a more charismatic stage presence. He had recently won a solo debate competition and was confident in his abilities.

The tension between Rahul and Rohan started to affect their friendship. They stopped sitting together on the bus, and their conversations became strained. Mrs. Kumar noticed the tension and decided to intervene. She called a meeting with Rahul and Rohan and asked them to share their concerns.

Rahul explained that he felt more experienced and deserved the captain's role. Rohan shared his perspective, highlighting his recent win and his confidence in his abilities.

Mrs. Kumar listened attentively to both sides and then asked them to find common ground. She reminded them that the goal was to win the regional competition, not to compete against each other.

Rahul and Rohan realized that they both wanted the team to succeed. They started brainstorming ideas and strategies together.

Mrs. Kumar suggested that they take turns leading the team during the competition. Rahul would lead the first round, and Rohan would lead the second. They agreed, and their friendship was restored. The day of the regional competition arrived, and Rahul and Rohan were nervous but confident. They had practiced their arguments and were familiar with the debate format. Rahul led the first round, and his

experience paid off. He presented his arguments clearly and convincingly, and the team won the round.

Rohan led the second round, and his charisma shone through. He engaged the audience and presented his arguments with confidence, and the team won the round again. The team made it to the finals, and Rahul and Rohan led the team together. They presented their arguments in tandem, and their teamwork paid off. They won the regional competition, and their school was proud of their achievement.

Rahul and Rohan's story teaches us important lessons about conflict management:

1. Communication is key: Rahul and Rohan's conflict arose from a lack of communication. They didn't listen to each other's perspectives, which led to misunderstandings.
2. Find common ground: Mrs. Kumar helped Rahul and Rohan find common ground. They realized that they both wanted the team to win.
3. Compromise and collaborate: Rahul and Rohan compromised and decided to take turns leading the team. This collaboration helped them achieve their goal.

Their story shows that conflicts can arise even among friends, but with effective communication, compromise, and collaboration, we can resolve conflicts and achieve our goals.

"The goal of conflict resolution is not to win an argument, but to find a mutually beneficial solution."

Answer the following Questions-

1. What was the main cause of the conflict between Rahul and Rohan?
2. How did Mrs. Kumar help resolve the conflict?
3. What can we learn from Rahul and Rohan's story about conflict management?
4. What was the outcome of the regional debate competition?
5. What did Rahul and Rohan learn from their experience?
6. How did Rahul and Rohan's friendship change throughout the story?

Fill in the Blank-

1. Conflict management involves _____ and finding common ground.
2. Rahul and Rohan's conflict arose from a lack of _____.
3. Compromise and _____ are essential in conflict management.
4. Rahul and Rohan were part of the school's _____ team.
5. Mrs. Kumar suggested that Rahul and Rohan take turns leading the team during the _____.
6. Rahul and Rohan's teamwork paid off when they won the _____.

7. Rahul and Rohan learned the importance of _____ and collaboration in resolving conflicts.

True or False-

1. Conflict is always a negative experience.
2. Rahul and Rohan's conflict was resolved through compromise.
3. Conflict management requires ignoring others' perspectives.
4. Rahul and Rohan were enemies since childhood.
5. Rahul and Rohan both wanted to be the team captains.
6. Mrs. Kumar chose Rahul as the team captain.
7. Rahul and Rohan's team lost the regional debate competition.
8. Rahul and Rohan's conflict was resolved through compromise and collaboration.

CHAPTER 6

THE SCHOOL PLAY

"Equality is the soul of liberty; there is, in fact, no liberty without it." - Frances Wright

Ria was a bright and enthusiastic student in her school's drama club. She had always dreamed of participating in the school play, and this year's production was going to be a musical one. Ria had been practicing her singing and dancing for weeks and was excited to audition. However, when Ria and her friends reached the audition room, they noticed that the teacher, Mrs. Sharma, was only giving opportunities to students from the school's elite club. The elite club was a group of students who were the best in academic, sports, and extracurricular activities.

Ria felt that this was unfair and decided to speak up. She asked Mrs. Sharma why only students from the elite club were being given opportunities. Mrs. Sharma explained that the club members had more experience and training. Ria argued that everyone should have an equal chance to participate, regardless of their club membership. She pointed out that there were many talented students in the school who were not part of the elite club. Ria suggested that Mrs. Sharma hold open auditions for all students.

Mrs. Sharma was impressed by Ria's confidence and agreed to hold open auditions. The auditions were a huge success, and many talented students were selected for the play.

Ria was thrilled to see her friends and classmates getting opportunities to showcase their talents. She realized that everyone had something unique to offer, and it was unfair to judge them based on their club membership.

The school play was a huge success, and Ria's efforts to promote equality were recognized by the school administration. Ria learned a valuable lesson about standing up for what she believed in and fighting for equality.

What We Can Learn-

Ria's story teaches us important lessons about equality:

1. Everyone deserves equal opportunities: Ria fought for the right of all students to participate in the school play, regardless of their club membership.
2. Merit should be the basis for selection: Ria suggested that Mrs. Sharma select students based on their talent and performance, rather than their club membership.
3. Speak up against injustice: Ria's courage to speak up against the unfair selection process brought about positive change.

"The only way to achieve true equality is to recognize and celebrate our differences."

Answer the following Question-

1. Have you ever faced a situation where you felt treated unfairly? How did you handle it?
2. What can you learn from Ria's approach to promoting equality?
3. How can you promote equality and fairness in your daily life?
4. What was the main issue that Ria faced in the story?
5. How did Ria resolve the issue?
6. What was the result of the open auditions?
7. How did Mrs. Sharma initially select students for the school play?

Fill in the blanks-

1. Ria felt that the selection process for the school play was _____.
2. Mrs. Sharma agreed to hold _____ auditions for all students.
3. Ria's efforts to promote equality were recognized by the _____.
4. The school play was a huge _____.
5. Ria learned that everyone deserves _____ opportunities.

True or False-

1. Ria was a member of the school's elite club.
2. Mrs. Sharma only selected students from the elite club for the school play initially.
3. Ria's suggestion to hold open auditions was rejected by Mrs. Sharma.
4. The open auditions were a failure.
5. Ria's efforts to promote equality went unnoticed.

Activity-Role-play a scenario where you must stand up for someone who is being treated unfairly.

CHAPTER 7

ACCEPTANCE

"Acceptance is not submission; it is acknowledgment of the facts of life."

Hardik and Anvi were siblings who loved each other dearly. They lived with their parents in a cozy house on the outskirts of town. Hardik was 13 years old, and Anvi was 11 years old. Hardik was outgoing and loved sports. He was the captain of his school's cricket team and was known for his excellent batting skills. Anvi, on the other hand, was introvert and loved reading. She spent most of her free time reading books and writing stories.

One day, their school announced a talent show, and Hardik decided to participate. He wanted to perform a dance routine, but he was struggling to come up with a concept. He had always been interested in dance, but he had never performed in front of a large audience before. Anvi, who loved art, offered to help Hardik design his costume and backdrop. She had a keen eye for detail and was excellent at drawing and painting. However, Hardik was hesitant to accept her help. He thought that her introvert nature would hold him back.

"I don't know, Anvi," Hardik said. "I need someone who can help me come up with a really cool dance routine. I don't think you're the right person for the job."

Anvi felt hurt and rejected. She had been looking forward to helping Hardik and was excited about the opportunity to showcase her artistic skills.

"Why don't you want my help?" Anvi asked, feeling tears well up in her eyes. "I just want to help you, Hardik. I think I could make a really cool costume and backdrop for you."

Hardik realized his mistake and apologized to Anvi. He explained that he was just nervous about the talent show and didn't mean to hurt her feelings. "I'm sorry, Anvi," Hardik said. "I was just being stupid. I would love your help. Can you please design the costume and backdrop for me?"

Anvi smiled and forgave Hardik. She was excited to start working on the costume and backdrop and spent hours designing and creating them. On the day of the talent show, Hardik's performance was a huge hit. He danced confidently and energetically, and his costume and backdrop were amazing. The audience cheered and clapped for him, and he felt proud and happy. After the show, Hardik thanked Anvi for her help and acknowledged that her contributions were invaluable.

"Thanks, Anvi," Hardik said. "I couldn't have done it without you. Your costume and backdrop design were amazing." Anvi smiled and hugged Hardik. She was happy to have been able to help her brother and was proud of him for his performance. "I'm glad I could help," Anvi said. "You were amazing out there."

Hardik and Anvi's story teach us important lessons about acceptance:

1. Accept people for who they are: Hardik learned to accept Anvi's introvert nature and valued her unique contributions.
2. Don't judge others: Hardik judged Anvi based on her personality, but he later realized that she had a lot to offer.
3. Embracing diversity: Hardik and Anvi's collaboration showed that people with different strengths and personalities can work together and achieve great things.

"Diversity is the art of thinking independently together." - Malcolm Forbes

Fill in the blanks-

1. Hardik and Anvi were _____ who loved each other dearly.
2. Hardik was hesitant to accept Anvi's help because he thought her _____ nature would hold him back.
3. Hardik and Anvi's collaboration showed that people with different _____ can work together and achieve great things.
4. Hardik was preparing for a _____ at his school.
5. Anvi offered to help Hardik with his _____ and backdrop design.
6. Anvi's costume and backdrop design were a huge _____ to Hardik's performance.
7. Hardik felt proud and happy after his performance, and he thanked Anvi for her _____.

True/False-

1. Hardik and Anvi were siblings.
2. Hardik rejected Anvi's help because he didn't think she was talented.
3. Hardik's performance at the talent show was a huge success.
4. Hardik initially accepted Anvi's offer to help him.
5. Anvi's costume and backdrop design were a success.
6. Hardik apologized to Anvi for rejecting her help.

Answer the following questions-

1. Describe a situation where you accepted someone for who they are. How did it make you feel?
2. How can embracing diversity and individuality lead to better outcomes?
3. What did Anvi contribute to Hardik's performance, and how did it impact the outcome?
4. What lesson did Hardik learn from his experience with Anvi?

ACTIVITY

Analyze the story of Hardik and Anvi. How did Hardik's initial reaction to Anvi's offer to help reflect his lack of acceptance? What did he learn from his experience, and how can we apply those lessons to our own lives? Use examples from the story to support your answer.

CHAPTER 8

THE FOUNDATION OF PATRIOTISM

"Courage doesn't always roar. Sometimes it's the quiet voice at the end of the day saying, 'I will try again tomorrow.'" - Mary Anne Radmacher

Have you ever stood up for something you believed in, even if it meant facing challenges or criticism? That's courage! Courage is the ability to face fear, danger, or difficulty with bravery and determination. It's a vital value that can help us stand up for what's right, even when it's hard.

In the small village of Azadpur, nestled in the mountains of India, there lived a young boy named Dev Pratap. Dev Pratap was a patriotic boy who loved his country and his village. He was proud of the sacrifices made by his ancestors to free India from British rule. Dev Pratap's family had lived in Azadpur for generations. His father was a farmer, and his mother was a teacher at the local school. Dev Pratap had grown up listening to stories about India's struggle for independence and the bravery of its freedom fighters.

One day, a group of corrupt government officials came to Azadpur. They were led by a ruthless man named Mr. Kumar, who had a reputation for exploiting poor villagers. The officials began to take away the villagers' land, their resources, and their dignity.

The villagers were too afraid to speak out against the officials, fearing repercussions. But Dev Pratap was not afraid. He knew that it was his duty to stand up for his village and his country. He remembered the words of Mahatma Gandhi, "Be the change you wish to see in the world."

Dev Pratap decided to act. He started by talking to his friends and family members, trying to convince them to join him in his fight against the corrupt officials. But many of them were too scared, and they advised Dev Pratap to stay out of trouble.

Undeterred, Dev Pratap decided to go solo. He spent every waking moment researching, planning, and strategizing. He read books on India's freedom struggle, talked to local activists, and even sneaked into the officials' office to gather evidence of their corruption.

Finally, the day arrived when Dev Pratap was ready to take his protest to the streets. He made posters, banners, and flyers, and he distributed them all over the village. He also sent out messages on social media, inviting people to join him in his protest.

On the day of the protest, Dev Pratap stood alone at the village square, holding a microphone and a poster that read, "Azadpur demands justice!" Slowly but surely, people began to gather around him. They were inspired by Dev Pratap's courage and conviction.

Together, they marched to the officials' office, demanding that they return the land and resources they had taken away. Mr. Kumar and his team tried to intimidate Dev Pratap and the villagers, but they refused to back down.

The protest was peaceful, but it was powerful. The officials were taken aback by the villagers' bravery and determination. After several hours of negotiation, they finally agreed to return the land and resources to the villagers.

Azadpur was saved, thanks to Dev Pratap's courage and conviction. The villagers hailed him as a hero, and his story inspired people all over India to stand up for their rights.

Dev Pratap's story teaches us the value of courage in the face of adversity. He stood up for what was right, even when it meant facing danger and criticism. His courage inspired others to join him, and together, they achieved a remarkable victory.

Why Courage is Important?

Courage is important for several reasons:

1. Standing up for what's right: Courage gives us the strength to stand up for what we believe in, even if it's unpopular or difficult.
2. Inspiring others: Courage can inspire others to join us in our quest for justice and equality.
3. Overcoming fear: Courage helps us overcome fear and anxiety, allowing us to take risks and achieve our goals.
4. Building confidence: Courage can build our confidence and self-esteem, helping us to believe in ourselves and our abilities.

How to Practice Courage?

Here are some tips for practicing courage:

1. Stand up for what you believe in: Don't be afraid to express your opinions and stand up for what you believe in.
2. Face your fears: Don't let fear hold you back. Face your fears and take risks to achieve your goals.
3. Be confident: Believe in yourself and your abilities. You have the power to make a difference.
4. Surround yourself with supportive people: Having supportive friends and family can help give you the courage to stand up for what's right.

"True patriotism is the desire to serve, not to dominate." - David O. McKay

Fill in the blanks-

1. Dev Pratap was a patriotic boy who loved his country and his _____.
2. Courage is the ability to face _____, danger, or difficulty with bravery and determination.
3. Dev Pratap organized a peaceful _____ to protest against the corrupt government officials.
4. Courage can inspire others to join us in our quest for _____ and equality.
5. Dev Pratap's courage was inspired by the sacrifices made by his _____ to free India from British rule.

True or False-

1. Dev Pratap was afraid to stand up against the corrupt government officials.
2. Courage is only important for soldiers and police officers.
3. Dev Pratap's protest was violent and destructive.
4. Courage can help us overcome fear and anxiety.
5. Dev Pratap's story is a true event in Indian history.

Answer the following question-

1. What is courage, and why is it important?
2. How did Dev Pratap demonstrate courage in the story?
3. What are some ways in which courage can be demonstrated in everyday life?
4. How can courage inspire others to join us in our quest for justice and equality?
5. What are some potential consequences of not standing up for what's right?
6. How can we build our confidence and self-esteem to become more courageous?

CHAPTER 9

CHARACTER DEVELOPMENT: THE FOUNDATION OF A BRIGHT FUTURE

"We are what we repeatedly do. Excellence, then, is not an act, but a habit." - Aristotle

Have you ever wondered what makes a person truly successful and happy? Is it wealth, fame, or good grades? While these things can be important, they are not the most essential factors in achieving success and happiness. What is most important is having good character.

Raj was a 13-year-old boy who loved playing cricket and hanging out with his friends. However, he tended to get angry easily and often argued with his teammates and family members. He also struggled with procrastination and often left his homework and chores until the last minute.

One day, Raj's cricket coach, Mr. Sharma, sat him down and had a talk with him. "Raj, you have a lot of potential as a cricketer, but your behavior is holding you back. You need to work on your temper and your time management skills if you want to succeed."

Raj took Mr. Sharma's words to heart and decided to make a change. He started practicing relaxation techniques, such as deep breathing and meditation, to help him manage his anger. He also created a schedule and stuck to it, making sure to complete his homework and chores on time.

As Raj worked on his character, he noticed a significant improvement in his relationships and his performance on the cricket field. He was able to work better with his teammates and communicate more effectively with his family members.

Raj's story teaches us the importance of character development in achieving success and happiness. By working on his temper and time management skills, Raj was able to improve his relationships and performance.

Why is Character Development important?

1. Better relationships: Good character helps us build stronger, more meaningful relationships with others.
2. Increased confidence: When we have good character, we feel more confident and self-assured.
3. Improved decision-making: Good character helps us make better decisions and avoid negative behaviors.
4. Greater resilience: When we have good character, we are better able to bounce back from challenges and setbacks.

Here are some tips for developing good character:

1. Practice self-awareness: Understand your strengths and weaknesses and work on improving yourself.
2. Set goals and work towards them: Setting goals helps us stay focused and motivated.
3. Treat others with respect and kindness: Good character is about treating others the way we want to be treated.
4. Take responsibility for your actions: When we make mistakes, we should own up to them and learn from them.

"Your future is created by what you do today, not tomorrow." - Robert Kiyosaki

Fill in the blanks-

1. Raj's cricket coach, Mr. Sharma, advised him to work on his _____ and time management skills.
2. Good character helps us build stronger, more meaningful _____ with others.
3. When we have good character, we feel more _____ and self-assured.
4. Good character helps us make better _____ and avoid negative behaviors.
5. Raj practiced relaxation techniques, such as deep breathing and _____, to help him manage his anger.

True or False-

1. Raj's behavior was holding him back from achieving his goals.
2. Good character is only important for personal relationships.
3. Raj's cricket coach, Mr. Sharma, was unhappy with his performance.
4. Good character helps us make better decisions.
5. Raj's story teaches us the importance of giving up on our goals.

Answer the following questions-

1. What are some ways in which good character can help us achieve our goals?
2. How can we practice self-awareness and self-improvement?
3. What are some benefits of treating others with respect and kindness?
4. How can we take responsibility for our actions and learn from our mistakes?
5. What are some ways in which good character can help us build stronger relationships with others?

CHAPTER 10

THE POWER OF POSITIVE INFLUENCE

"Leadership is not about titles, positions or flowcharts. It is about one life influencing another." - John C. Maxwell

Aryan was a 13-year-old boy who lived in a small town surrounded by beautiful parks and gardens. However, over time, the town's parks had become littered with trash and debris. Aryan was determined to do something about it. He decided to organize a community clean-up event to bring his neighbours together to clean up the parks.

Aryan spent days promoting the event, putting up posters, and spreading the word on social media. He even convinced his friends and classmates to join in. Finally, the day of the clean-up arrived. Aryan was thrilled to see a big turnout of people from his community. Together, they picked up trash, planted trees, and beautified the parks.

However, Aryan noticed that one of his friends, Raj, was not participating in the clean-up. Raj was sitting on a bench, watching everyone else work.

Aryan felt frustrated and disappointed. He walked over to Raj and said, "Hey, Raj, why aren't you helping out? We need everyone's help to make a difference."

Raj shrugged and said, "I don't see the point. It's not my problem."

Aryan explained to Raj how everyone's actions affected the community and how they could make a positive impact by working together. Raj listened to Aryan and eventually decided to join in. Together, they made a significant difference in the community.

As they worked, Aryan's friends and neighbours noticed the change in Raj's behavior. They were impressed by Aryan's leadership and initiative. The community clean-up event was a huge success. The parks were cleaned up, and the community came together to make a positive impact. Aryan felt proud of himself and his friends. He knew that being a good example was important, and he was glad that he could inspire others to do the same.

Aryan's story teaches us important lessons about being a good example:

1. Our actions inspire others: Aryan's enthusiasm and dedication to the community clean-up inspired Raj to join in.
2. Being a good example encourages others to act: Aryan's actions showed Raj the importance of contributing to the community.
3. We should strive to be role models: Aryan took the initiative to organize the community clean-up and encouraged others to do the same.

"Be the change you wish to see in the world." - Mahatma Gandhi

Answer the following questions

1. What motivated Aryan to organize the community clean-up?
2. How did Aryan feel when he saw Raj not participating in the clean-up?
3. What did Raj learn from Aryan's example?
4. How did Aryan's friends and neighbours react to the change in Raj's behavior?
5. What was the outcome of the community clean-up event?
6. How did Aryan feel after the community clean-up event?
7. How can being a good example inspire others to act?
8. What are some ways we can be good examples for others in our daily lives?

Fill in the blanks-

1. Aryan was a 13-year-old boy who lived in a small town surrounded by beautiful _____.
2. Aryan decided to organize a community _____ event to clean up the parks.
3. Aryan's enthusiasm and dedication to the community clean-up inspired Raj to _____.
4. The community clean-up event was a huge _____.
5. Aryan felt proud of himself and his friends because they had made a positive _____ in the community.

True or False-

1. Aryan's friend Raj was initially enthusiastic about participating in the community clean-up.
2. Aryan's actions inspired Raj to join in and help with the clean-up.
3. The community clean-up event had no impact on the town's parks.
4. Aryan felt disappointed when he saw Raj not participating in the clean-up.
5. Aryan's friends and neighbors were impressed by his leadership and initiative.

Situational thinking

1. Describe a situation where you were a good example for others. How did it make you feel?

CHAPTER 11

THE STORY OF AMEETA AND THE BIG EXAM

"The positive thinker sees the invisible, feels the intangible, and achieves the impossible." - Winston Churchill

Ameeta was a 13-year-old girl who was preparing for her final exams. She had always been a good student, but this time, she was feeling nervous and anxious. Her parents and teachers were putting a lot of pressure on her to perform well.

Ameeta's school was known for its high academic standards, and the exams were going to be tough. Ameeta had been studying hard for months, but she couldn't shake off the feeling of doubt and uncertainty.

One day, while studying, Ameeta's friend Emma came over to her house. Emma noticed that Ameeta was looking stressed and asked her what was wrong. Ameeta shared her concerns about the exam with Emma.

"I just feel like I'm not prepared enough," Ameeta said. "What if I fail?"

Emma listened carefully and then said, "Ameeta, you're a great student. You've prepared well for this exam. Instead of worrying about what might go wrong, why don't you focus on what you can do to make it go right?"

Ameeta thought about this for a moment. She realized that Emma was right. She had been focusing on the negative aspects of the exam, instead of thinking positively about her abilities.

Emma then shared a story about her own experience with positive thinking. "Last year, I was nervous about a soccer game," Emma said. "But instead of worrying about losing, I focused on what I could do to help my team win. I visualized myself scoring goals and playing well. And guess what? We won the game!"

Ameeta was inspired by Emma's story. She decided to change her mindset and focus on positive thinking. She started visualizing herself doing well on the exam, and she repeated positive affirmations to herself every day.

"I am confident and capable," Ameeta would say to herself. "I am prepared for this exam, and I am going to do my best."

As the exam day approached, Ameeta felt her anxiety and stress melting away. She felt calm and confident, and she knew that she was ready for the exam.

On the day of the exam, Ameeta walked into the exam hall feeling proud and self-assured. She answered all the questions to the best of her ability and walked out of the exam hall feeling proud of herself.

When the results were announced, Ameeta had scored excellent grades. She was thrilled and thanked Emma for her advice.

"I couldn't have done it without your help," Ameeta said. "Your advice really made a difference."

Emma smiled and said, "I'm glad I could help. Remember, positive thinking can help you overcome any challenge. Just believe in yourself and your abilities."

Ameeta's story teaches us important lessons about the power of positive thinking:

1. Positive thinking can help us overcome anxiety and stress: Ameeta's positive mindset helped her feel calm and confident on the day of the exam.
2. Focusing on the positive can help us achieve our goals: Ameeta's positive affirmations and visualizations helped her stay focused and motivated.
3. Our thoughts have the power to shape our reality: Ameeta's positive thinking helped her create a positive outcome.

"Believe you can and you're halfway there." - Theodore Roosevelt

Answer the following question

1. What was Ameeta's initial mindset about the exam?
2. How did Emma's advice help Ameeta?
3. What was the outcome of Ameeta's positive thinking?
4. How did Ameeta feel on the day of the exam?
5. What did Ameeta learn from her experience?

Fill in the blanks

1. Ameeta was a 13-year-old girl who was preparing for her _____ exams.
2. Ameeta's friend Emma advised her to focus on what she could do to make the exam go _____.
3. Ameeta started visualizing herself doing well on the exam and repeating _____ affirmations to herself every day.

True or False-

1. Ameeta was feeling confident and calm before the exam.
2. Emma's advice helped Ameeta change her mindset.
3. Ameeta's positive thinking had no impact on her exam results.
4. Ameeta's parents and teachers were putting a lot of pressure on her to perform well.
5. Ameeta's school was known for its high academic standards.

Situational thinking

What specific positive thinking techniques were used to overcome anxiety, and how can these techniques be applied to other difficult situations?

CHAPTER 12

THE GAMING TRAP

"Excess can lead to addiction, and addiction can lead to destruction."

Ishaan was a 13-year-old boy who loved playing video games. He spent hours every day playing his favourite games on his console. One day, his parents surprised him with a brand-new gaming console and his favorite game, "Epic Quest."

Ishaan was overjoyed. He immediately started playing the game and spent hours exploring the virtual world, completing quests, and battling monsters. His parents were happy to see him enjoying himself, but they soon started to notice that Ishaan was spending too much time playing the game.

At first, Ishaan's parents didn't think much of it. They figured he would get bored with the game eventually and move on to other things. But as the days turned into weeks, Ishaan's gaming habits didn't change. He would wake up early in the morning to play and then play for hours on end after school.

Ishaan's grades began to slip, and his parents started to worry. They tried talking to him about it, but Ishaan just shrugged it off. "I've got everything under control," he would say.

But Ishaan's friends started to notice the change in him too. They would invite him to play sports or go to the park, but Ishaan would decline, preferring to stay home and play his video game. His friends started to drift away, and Ishaan found himself spending more and more time alone.

One day, Ishaan's parents made him sit down and had a serious talk with him. "Ishaan, we're worried about you," they said. "You're spending too much time playing video games and not enough time on your studies and other activities. This is not healthy for you."

Ishaan realized that his parents were right. He had been overindulging in his love of video games, and it was affecting his life in negative ways. He promised his parents that he would cut back on his gaming and focus on his studies and other activities.

With the help of his parents, Ishaan set a schedule for himself that allowed him to enjoy his video game in moderation while also focusing on his studies and other responsibilities. He started to exercise regularly, joined a sports team at school, and even started volunteering at a local animal shelter.

As Ishaan started to balance his love of gaming with other aspects of his life, he started to notice positive changes. His grades improved, he made new friends, and he felt healthier and happier.

Ishaan learned a valuable lesson about the importance of moderation and balance. He realized that overindulging in something he loved could have negative consequences, but finding a balance allowed him to enjoy his hobby while also living a happy and healthy life.

Ishaan's story teaches us important lessons about the dangers of overindulgence:

1. Overindulgence can lead to negative consequences: Ishaan's excessive gaming led to poor grades, social isolation, and negative impacts on his physical and mental health.
2. Moderation is key: Ishaan learned that he could enjoy his video game in moderation while also focusing on his studies and other responsibilities.
3. Balance is essential: Ishaan's schedule allowed him to balance his love of gaming with other aspects of his life, leading to positive changes.

"The key is not to prioritize what's on your schedule, but to schedule your priorities." - Stephen Covey

Answer the following question

1. What was Ishaan's problem at the beginning of the story?
2. How did Ishaan's overindulgence in gaming affect his life?
3. What did Ishaan's parents advise him to do?
4. How did Ishaan change his behavior after talking to his parents?
5. What were the positive results of Ishaan's changed behavior?

Fill in the blanks:

1. Ishaan was a 13-year-old boy who loved playing _____.
2. Ishaan's parents were worried about him because he was spending too much time playing video games and neglecting his _____.
3. Ishaan set a schedule for himself that allowed him to enjoy his video game in _____.

True or False-

1. Ishaan's parents were happy with his excessive gaming.
2. Ishaan's overindulgence in gaming led to positive consequences.
3. Ishaan learned to balance his love of gaming with his other responsibilities.

Situational thinking

Describe a situation where you overindulged in something and what were the consequences? What are some ways we can practice moderation in our daily lives? How can balance and moderation help us achieve our goals?